Coverage for: Individual / Family | Plan Type: PPO

HMSA: MED 837 / DRG 633 / VIS 0ER / CHR 00T, PAINTING INDUSTRY OF HAWAII HEALTH & WELFARE FUND



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.hmsa.com.

For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at http://www.healthcare.gov/sbc-glossary/ or call 1-800-776-4672 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$100 individual / \$300 family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Certain <u>preventive care</u> and well-child care services will be covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,500 individual / \$7,500 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, payments for services subject to a maximum once you reach the maximum, any amounts you owe in addition to your copayment for covered services, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See http://www.hmsa.com/search/providers or call 1-800-776-4672 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> (unless otherwise defined by federal law), and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Services You May Need		What You Will Pay		Limitations, Exceptions, & Other
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	10% <u>coinsurance</u> ; <u>deductible</u> does not apply	30% coinsurance	none
	<u>Specialist</u> visit	10% <u>coinsurance</u> ; <u>deductible</u> does not apply	30% coinsurance	none
	Other practitioner office visit:			
If you visit a health care provider's office or clinic	Physical and Occupational Therapist	20% coinsurance	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.
	Psychologist	10% coinsurance; deductible does not apply	30% coinsurance	none
	Nurse Practitioner	10% coinsurance; deductible does not apply	30% coinsurance	none
	Preventive care (Well Child Physician Visit)	No charge; <u>deductible</u> does not apply	30% coinsurance; deductible does not apply	Age and frequency limitations may apply. You may have to pay for
	Screening	No charge; deductible does not apply	30% coinsurance	services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed
	Immunization (Standard and Travel)	No charge; <u>deductible</u> does not apply	30% coinsurance	are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
	Diagnostic test			
If you have a test	Inpatient	10% <u>coinsurance</u> ; <u>deductible</u> does not apply	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance; deductible does not apply	30% coinsurance	<u>preauthorization</u> is not obtained.
	X-ray			
	Inpatient	10% coinsurance; deductible does not apply	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance; deductible does not apply	30% coinsurance	<u>preauthorization</u> is not obtained.

Common Medical	Services You May Need What You Will Pay		Limitations, Exceptions, & Other	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Important Information
	Blood Work			
	Inpatient	10% coinsurance; deductible does not apply	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
If you have a test	Outpatient	20% coinsurance; deductible does not apply	30% coinsurance	preauthorization is not obtained.
n you have a test	Imaging (CT/PET scans, MRIs)			
	Inpatient	10% <u>coinsurance</u> ; <u>deductible</u> does not apply	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if
	Outpatient	20% coinsurance; deductible does not apply	30% coinsurance	preauthorization is not obtained.
	Generic drugs (retail)	No charge; deductible does not apply	No charge; deductible does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
If you need drugs	Generic drugs (mail order)	\$2 <u>copay</u> /prescription; <u>deductible</u> does not apply	Not covered	One mail order copay for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.
to treat your illness or condition More information about prescription drug coverage is available at www.hmsa.com.	Preferred Formulary Drugs (retail)	10% coinsurance; deductible does not apply	10% coinsurance; deductible does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
	Preferred Formulary Drugs (mail order)	\$2 <u>copay</u> /prescription; <u>deductible</u> does not apply	Not covered	One mail order copay for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.
	Non-preferred Formulary Drugs (retail)	10% coinsurance; deductible does not apply	10% coinsurance; deductible does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
	Non-preferred Formulary Drugs (mail order)	\$2 <u>copay</u> /prescription; <u>deductible</u> does not apply	Not covered	One mail order copay for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.

Common Medical	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Event			Out-of-Network Provider (You will pay the most)	Important Information
	Specialty drugs (retail)	10% coinsurance; deductible does not apply	10% coinsurance; deductible does not apply	One retail <u>copay</u> for 1-30 day supply, two retail <u>copays</u> for 31-60 day supply, and three retail <u>copays</u> for 61-90 day supply.
If vou need druas t	Specialty drugs (mail order)	\$2 copay/prescription; deductible does not apply	Not covered	One mail order copay for a 84-90 day supply at a 90 day at retail network or contracted mail order provider.
	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u> ; <u>deductible</u> does not apply	30% coinsurance	none
If you have	Physician Visits	10% coinsurance; deductible does not apply	30% coinsurance	none
outpatient surgery	Surgeon fees	10% coinsurance; deductible does not apply (cutting)	30% coinsurance (cutting)	none
		20% coinsurance; deductible does not apply (non-cutting)	30% coinsurance (non-cutting)	none
	Emergency room care			
	Physician Visit	10% coinsurance; deductible does not apply	10% coinsurance; deductible does not apply	none
	Emergency room	10% coinsurance; deductible does not apply	10% coinsurance; deductible does not apply	none
If you need immediate medical attention	Emergency medical transportation (air)	20% coinsurance	20% coinsurance	Limited to air transport to the nearest adequate hospital within the State of Hawaii, except in certain situations when transportation to the continental US is necessary for critical care in accord with HMSA's medical policy. Certain exclusions apply.
	Emergency medical transportation (ground)	20% coinsurance	30% coinsurance	Ground transportation to the nearest, adequate hospital to treat your illness or injury.
	<u>Urgent care</u>	10% coinsurance; deductible does not apply	30% coinsurance	none
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance; deductible does not apply	30% coinsurance	none

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
Event	Event Network Provider Out-of-Network Provider (You will pay the least) (You will pay the most)		Important Information	
	Physician Visits	10% coinsurance; deductible does not apply	30% coinsurance	none
If you have a hospital stay	Surgeon fee	10% coinsurance; deductible does not apply (cutting)	30% coinsurance (cutting)	none
		20% coinsurance; deductible does not apply (non-cutting)	30% coinsurance (non-cutting)	none
	Outpatient services			
If you have montal	Physician services	10% coinsurance; deductible does not apply	30% coinsurance	none
If you have mental health, behavioral health, or	Hospital and facility services	10% coinsurance; deductible does not apply	30% coinsurance	none
substance abuse	Inpatient services			
needs	Physician services	10% coinsurance; deductible does not apply	30% coinsurance	none
	Hospital and facility services	10% coinsurance; deductible does not apply	30% coinsurance	none
	Office visit (Prenatal and postnatal care)	10% coinsurance; deductible does not apply	30% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the
If you are pregnant	Childbirth/delivery professional services	10% coinsurance; deductible does not apply	30% coinsurance	type of services, <u>coinsurance</u> or <u>copay</u> may apply. Maternity care may include
	Childbirth/delivery facility services	10% coinsurance; deductible does not apply	30% coinsurance	tests and services described elsewhere in the SBC (i.e. ultrasound).
If you need help recovering or have other special health needs	Home health care	No charge; <u>deductible</u> does not apply	30% coinsurance	150 Visits per Calendar Year
	Rehabilitation services	20% coinsurance	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained. Excludes cardiac rehabilitation.
	<u>Habilitation services</u>	Not covered	Not covered	Excluded service

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	Event (Yo		Out-of-Network Provider (You will pay the most)		
If you need help recovering or have	Skilled nursing care	10% coinsurance; deductible does not apply	30% coinsurance	120 Days per Calendar Year. Includes extended care facilities (Skilled Nursing, Sub-Acute, and Long-Term Acute Care Facilities) to the extent care is for Skilled nursing care, subacute care, or long-term acute care.	
other special health needs	Durable medical equipment	20% coinsurance	30% coinsurance	Services may require <u>preauthorization</u> . Benefits may be denied if <u>preauthorization</u> is not obtained.	
	Hospice services	No charge; <u>deductible</u> does not apply	Not covered	none	
	Children's eye exam	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Limited to one routine vision exam per calendar year.	
dental or eye care	Children's glasses (single vision lenses and frames selected within designated group)	No charge; <u>deductible</u> does not apply		The frequency in which you can obtain a pair of glasses may vary	
	Children's dental check-up	Not covered	Not covered	Excluded service	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Acupuncture

• Dental care (Child)

Routine foot care

Cardiac rehabilitation

Habilitation services

Weight loss programs

- Cosmetic surgery
 - Dental care (Adult) •
- Long-term care
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care (e.g., office visits, x-ray films limited to services covered by this medical plan and within the scope of a chiropractor's license)
- Hearing aids (limited to one hearing aid per ear every 60 months)
- Infertility Treatment (Artificial Insemination and In Vitro Fertilization. Please refer to your plan document for limitations and additional details)
- Non-emergency care when traveling outside the U.S. For more information, see www.hmsa.com
- Routine eye care (Adult) (limited to services covered under a rider)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1) 1-800-776-4672 for HMSA; 2) (808) 586-2790 for the State of Hawaii, Dept. of Commerce and Consumer Affairs - Insurance Division; 3) 1-866-444-3272 or http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act for the U.S. Department of Labor, Employee Benefits Security Administration; or 4) 1-877-267-2323 x61565 or http://www.cciio.cms.gov for the U.S. Department of Health and Human Services. Church plans are not covered by the Federal COBRA continuation coverage rules. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit http://www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

- For group health coverage subject to ERISA, you must submit a written request for an appeal to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about appeals, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol.gov/agencies/ebsa/laws-and-regulations/laws/affordable-care-act. You may also file a grievance with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.
- For non-federal governmental group health plans and church plans that are group health plans, you must submit a written request for an <u>appeal</u> to: HMSA Member Advocacy and Appeals, P.O. Box 1958, Honolulu, Hawaii 96805-1958. If you have any questions about <u>appeals</u>, you can call us at (808) 948-5090 or toll free at 1-800-462-2085. You may also file a <u>grievance</u> with the Insurance Commissioner. You must send the request to the Insurance Commissioner at: Hawaii Insurance Division, ATTN: Health Insurance Branch External Appeals, 335 Merchant Street, Room 213, Honolulu, Hawaii 96813. Telephone: (808) 586-2804.

Does this Coverage Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this Coverage Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-776-4672.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-776-4672.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-776-4672.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-776-4672.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The <u>plan's</u> overall <u>deductible</u>	\$100	■ The <u>plan's</u> overall <u>deductible</u>	\$100	■ The plan's overall deductible	\$100
■ <u>Specialist coinsurance</u>	10%	■ <u>Specialist</u> <u>coinsurance</u>	10%	■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%	■ Hospital (facility) coinsurance	10%	■ Hospital (facility) coinsurance	10%
Other coinsurance	20%	Other coinsurance	20%	Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests(ultrasounds and blood work)
Specialist visit(anesthesia)

Total Example Cost \$12,700

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$1,400
What isn't covered	
Limits or exclusions	\$100
The total Peg would pay is	\$1,500

This EXAMPLE event includes services like:

<u>Primary care physician</u>office visits (*including disease education*)

Diagnostic tests(blood work)

Prescription drugs

<u>Durable medical equipment(glucose meter)</u>

Total Example Cost	\$5,600
In this assessed to a second year.	
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
<u>Copayments</u>	\$0
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$3,300
The total Joe would pay is	\$3,700

This EXAMPLE event includes services like:

<u>Emergency room care</u>(including medical supplies)

Diagnostic test(x-ray)

<u>Durable medical equipment(crutches)</u>

Rehabilitation services(physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$100
<u>Copayments</u>	\$0
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$500